

Newbattle Early Years Learning Community



Sleep Midlothian advice sessions

6 months-5 years



SCDW Amanda Bennett from Newbattle EYLC team will be in Lasswade EYLC on a **Friday morning** to have a chat regarding any concerns you may have around your child's sleep.

Please see dates below to when she will be in your child's nursery setting.

(These are approximately 30 minute individual sessions)

Date: Friday 12th January @ Bonnyrigg PS

Friday 19th January @ Lasswade PS

Friday 2nd February @ Paradykes PS

Friday 9th February @ St Mary's PS

Friday 23rd @ Loanhead PS

Friday 9th March @ Rosewell PS

Friday 16th March @ Mount Esk Nursery